

Course Title: Coaching: What Every Educator Needs to Know**Presenter:** Karla Reiss**Length:** 10 hours**Dates:** Rolling admissions**Prerequisites:** Bachelor Degree**Number of credits:** 1PLU**Course Description:**

This course provides a dynamic series of sessions to develop coaching as a process, a relationship, a specific set of skills, and a powerful strategy for creating change in people and organizations. The role of “coach” is becoming more evident in our schools, and it is essential that educators from the classroom to the boardroom understand the role and skills necessary for successful coaching and for successful change to happen. The course will clarify definitions and roles of coaches. The course allows participants to experience a live workshop with a recognized leader in coaching that will prepare today’s educators for this essential role in promoting personal and organizational change. You will hear teachers, superintendents, and other educator’s role play and determine effective and appropriate coaching scenarios to improve academic achievement and professional development. You may take this course alone or with its companion course, “Mentoring to Improve Student Learning,” which provides strategies to implement an effective mentor/protégé program within a school.

Objectives:

1. Knowledge –at the end of this course, the student will be able to understand
 - a. differences between coaching and mentoring,
 - b. research and growth of coaching in education,
 - c. how individuals’ thoughts and beliefs influence them to change.
2. Skills –after this course, a student will be able to
 - a. identify strategies and skills coaches use to confront resistance,
 - b. continue to learn and practice Essential Coaching Skills,
 - c. implement the 5-step model for conducting a coaching session, and
 - d. learn to use the POWERful Coaching Framework.
3. Dispositions – after this course, a student will be able to appreciate
 - a. that accountability and action are central to achieving results,
 - b. words reflect one’s thoughts and actions,
 - c. strategies for action planning, and
 - d. the concept of letting go to open space for change.

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Session Topics (5):

1. POWERful Coaching, Session 1: What Every Educator Must Know About Coaching
2. POWERful Coaching, Session 2: Becoming a Great Coach
3. POWERful Coaching, Session 3: Creating Coaching Competency, Part 1
4. POWERful Coaching, Session 4: Creating Coaching Competency, Part 2
5. POWERful Coaching, Session 5: Creating Coaching Competency, Part 3

Instructor Overview:

Karla Reiss has earned a Bachelor of Science and a Master of Arts degree. Her Professional Diplomas are in School District Administration and Special Education. In addition, she is a Certified Professional Empowerment Coach. The bulk of her professional career is in the education field. As Coordinator of Professional Development at Western Suffolk Board of Cooperative Education Services, she designed and developed professional learning opportunities

for administrators and teachers in numerous districts in Long Island, New York. As Director of Planning and Funding at Southern Westchester Board of Cooperative Education Services, she again worked with administrators and teachers to design continuous improvement plans for a region that includes 35 school districts. She worked with both high-needs school districts as well as wealthier, low-need districts. Karla is the founder of The Change Place which was established in 2002 to provide school systems, other organizations, and individuals create a system of ongoing, customized support to help them reach their personal or professional goals.

Methods of Instruction:

- Video lectures and PowerPoint presentations
- Short answer quizzes
- Graded post assessments
- Final reflection question

All steps listed under each topic must be completed to receive credit for the course. No partial credit will be given. Students must earn a minimum of 65% to pass the course.

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Percentage of Course Credit

- Graded post assessments 70%
- Final Project 30%

KDS Rubric for GA courses (passing requirements: 65 points):

Component	Unsatisfactory (40 points)	Basic (50 points)	Proficient (60 points)	Distinguished (70 points)
Critical thinking post-work	<u>Critical thinking post-work:</u>	<u>Critical thinking post-work:</u>	<u>Critical thinking post-work:</u>	<u>Critical thinking post-work:</u>
And	0-40% correct	60% correct	80% correct	100% correct
Short answer quizzes	<u>Short answer quiz:</u> -Participant included no content from the course in his or her responses -Participant did not address the questions posed	<u>Short answer quiz:</u> -Participant included some content from the course, usually appropriate, in his or her responses -Participant answered the questions directly, not always fully	<u>Short answer quiz:</u> -Participant included appropriate content from the course in his or her responses -Participant made thoughtful comments in direct response to the questions	<u>Short answer quiz:</u> -Participant provided rich detail from the content of the course in his or her responses -Participant made his or her responses to the questions personally meaningful

Final	Unsatisfactory (5 points)	Basic (10 points)	Proficient (20 points)	Distinguished (30 points)
	<p data-bbox="440 296 670 457">-Participant included no content from the course in his or her responses</p> <p data-bbox="440 531 670 627">-Participant did not address the questions posed</p>	<p data-bbox="693 296 924 491">-Participant included some content from the course, usually appropriate, in his or her responses</p> <p data-bbox="693 531 924 659">-Participant answered the questions directly, not always fully</p>	<p data-bbox="946 296 1177 491">-Participant included appropriate content from the course in his or her responses</p> <p data-bbox="946 531 1177 695">-Participant made thoughtful comments in direct response to the questions</p>	<p data-bbox="1200 296 1430 491">-Participant provided rich detail from the content of the course in his or her responses</p> <p data-bbox="1200 531 1430 726">-Participant made his or her responses to the questions personally meaningful</p>